Dr Daren Heyland MD, MSc, FRCPC

Dr Daren Heyland is a native of Lethbridge, Alberta who graduated with a Doctor of Medicine from University of Alberta in 1989. He subsequently received his training in Internal Medicine, Critical Care Medicine, and Clinical Epidemiology from McMaster University.

For most of his professional career, he worked at Kingston General Hospital and Queen's University where he is still a Professor of Medicine and was the Director of the Clinical Evaluation Research Unit at the Kingston General Hospital.

In that capacity, he published over 500 peer-reviewed scientific papers, gave over 350 international presentations, and raised over $120 million in research grant support.

Throughout his career, he has been a champion of person-centered care and has developed a number of tools and strategies to enable lay people to understand serious illness decision-making, so they get the medical care that is right for them (or their loved ones).

To that end, he has developed and maintains two online decision aids, www.planwellguide.com and www.myicuguide.ca and he has recently authored a book, **"Warning: Enter at Your Own Risk-- Getting the Medical Care That is Right for You and Your Loved Ones!"** which will be published spring of 2027.